

MENU DE SERVICIOS

nirvana
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nirvana
spa

Piso 1 - Hotel Novotel Ext. 8180
Parque Comercial el Tesoro Medellin

 +57 3206925008

www.nirvanaspacolombia.com



TARIFAS 2026

SEDE NOVOTEL TESORO

FACIAL

LIMPIEZA FACIAL PROFUNDA:

Tratamiento que elimina impurezas, afina la textura y devuelve luminosidad y frescura a la piel.

DURACIÓN: 1:15 min aprox TARIFA: \$275.000

FACIAL SHOCK:

Tratamiento ideal para purificar la piel, equilibrar su actividad y aportar hidratación inmediata, suavizando los tejidos en pocos minutos.

DURACIÓN: 00:45 min TARIFA: \$196.000

FACIAL LUXURY FOR MEN:

Tratamiento diseñado para reducir tensiones, desintoxicar y revitalizar la piel masculina, combinado con aparatología avanzada para potenciar efectos hidratantes, tonificantes, anti-age y antipolución.

DURACIÓN: 1:15 min TARIFA: \$465.000

FACIAL LUXURY DE ALTO IMPACTO

Tratamiento de lujo que estimula el colágeno, aporta firmeza y luminosidad y renueva la piel mediante antioxidantes, ácidos grasos y aparatología especializada que potencia sus resultados.

DURACIÓN: 1:15 min TARIFA: \$465.000

EXFOLIACIONES Y ENVOLTURAS

ENVOLTURA LUMIÈRE:

Envoltura corporal de lujo con textura sedosa que aporta luminosidad, suavidad y una sensación profunda de bienestar.

DURACION: 50 min TARIFA: \$ 195.000

ENVOLTURA ALGAS:

Actúa como un eficaz anticelulítico y activador del metabolismo. Este tratamiento marino ayuda a mejorar la silueta mientras brinda una profunda sensación de bienestar y relajación.

DURACION: 50 min TARIFA: \$ 195.000

PEELING DE OLIGOELEMENTOS TERMALES:

Exfoliante corporal con micro-partículas de bayas de goji y un fresco aroma. Su combinación de minerales estimula, purifica y renueva la piel, dejándola suave, tersa y visiblemente revitalizada.

DURACION: 20 min TARIFA: \$ 131.000

OTROS

HIDROTERAPIA

Inmersión en agua a temperatura elevada con hidromasajes y sales minerales que reducen la tensión corporal y potencian el efecto de relajación profunda.

DURACIÓN: 30 MINUTOS TARIFA: \$110.000

BAÑO TURCO

Baño de vapor que ayuda a eliminar toxinas y favorece la respiración.

DURACIÓN: 20 minutos TARIFA: \$44.000





TARIFAS 2026

SEDE NOVOTEL TESORO

MASAJES

MASAJE TRADICIONAL:

Se realiza a través de la reflexología, la digito presión y técnicas sacro craneales, alternado con aromaterapia que permiten un estado de profunda relajación.

DURACIÓN: 1:00 hora TARIFA: \$238.000

MASAJE ENERGIZANTE:

Técnica descontracturante que utiliza la combinación de masaje tradicional y manipulaciones Deep tissue y shiatsu, cuyo principal objetivo es disminuir tensiones profundas y encontrar el equilibrio natural del cuerpo.

DURACIÓN: 1:00 hora TARIFA: \$260.000

MASAJE REDUCCIÓN:

Su objetivo es el de ayudar a eliminar la grasa localizada y a la vez estilizar el contorno de la figura logrando una silueta más estética.

DURACIÓN: 0:45 min TARIFA: \$153.000

D.L.M (Drenaje Linfático Manua)

Técnica específica de activación manual suave e indoloro que permite del desagüe de líquidos acumulados en los tejidos y de la linfa a través de los vasos linfáticos.

DURACIÓN: 1 hora TARIFA: \$238.000

MASAJE SHIRODHARA:

Masaje profundo en cabeza que aplica la técnica de dejar caer en la frente y cabeza un flujo de aceite con hierbas o aceites esenciales de forma fluida y relajante

DURACIÓN: 1:00 Hora TARIFA: \$349.000

MASAJES CON ELEMENTOS

MASAJE CON BAMBÚ:

Diferentes diámetros de cada vara de Bambú ofrecen un verdadero trabajo drenante y relajante, los pies y las manos son estimuladas con vibraciones y percusiones que generan bienestar en todo el cuerpo.

DURACIÓN: 1:00 Hora TARIFA: \$285.000

MASAJE PIEDRAS VOLCANICAS:

Técnica milenaria utilizada como forma de desbloquear la energía del cuerpo con las piedras a diferentes temperaturas, elimina las tensiones y reconduce la energía.

DURACIÓN: 1:00 Hora TARIFA: \$285.000

MASAJE DELUXE VELA TERMAL:

Masaje de finos aceites que se funden al calor de la vela.

DURACIÓN: 1:00 Hora TARIFA: \$285.000

MASAJE NEUROSEDATIVO:

Terapia manual con aceites tibios de manzanilla y lavanda de gran efecto relajante sobre el sistema nervioso en general, reequilibra energéticamente el organismo, tanto a nivel físico como emocional.

DURACIÓN: 1:00 Hora TARIFA: \$ 285.000

MASAJE CHAMBÁ:

Una conexión con la madre tierra, un masaje con elementos ancestrales elaborados con barro que nos permitirán el descanso y la desconexión.

DURACIÓN: 1:00 Hora TARIFA: \$ 285.000

OTROS-MASAJE

Masaje Localizado/Express	30 Min	\$ 154.000
Masaje Deportivo	60 Min	\$ 260.000
Masaje Tradicional + Turco	1H:20m	\$ 254.000
Masaje Elementos + Turco	1H:20m	\$ 297.000





TARIFAS 2026

SEDE NOVOTEL TESORO

DEPILACION CERA

Aplicación de cera tibia o caliente para la remoción del vello en zonas como axilas, bikini, bikini completo, media pierna y muslos.

Depilación Cejas	\$ 45,000
Depilación Cera Bigote	\$ 30,000
Depilación Cera Línea Bikini	\$ 63,500
Depilación Cera Bikini Completo	\$ 81,500
Depilación Cera Media Pierna	\$ 80,000
Depilación Cera Muslo	\$ 90,000
Depilación Cera Axila	\$ 53,000
Completo (B/P.COMPLETA/A)	\$ 225,000

OTROS

Hidratación Manos y Pies	\$ 116,000
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ESTÉTICA INTEGRAL FACIAL Y CORPORAL

Programas integrales que combinan lo más avanzado en aparatología estética facial y corporal no invasiva, junto con productos de alta calidad respaldados por reconocidas casas cosméticas.

Incluyen tratamientos faciales y corporales, protocolos pre y posoperatorios, masajes reductores y foto-rejuvenecimiento.

Estos programas se realizan bajo evaluación previa.

Programas intensivos desarrollados por sesiones.





TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SIGNATURE

Descanso Reparador

Ritual multisensorial que inicia con una cálida infusión de manzanilla y hierbabuena, seguido de una conexión sensorial y técnicas sacrocraneales para desconectar la mente. Continúa con un baño turco para desintoxicar el cuerpo y un baño flotarium que invita a una sensación de retorno al origen. Finaliza con un masaje neurosedativo con aceites tibios de manzanilla y lavanda.

DURACIÓN: 2:30 MIN

TARIFA: \$431.000 x persona

Incluye:

- Pausa de Infusion
- Conexión Sensorial
- Baño Vapor - Turco
- Baño Flotarium
- Masaje Neurosedativo
- Activación Dulces sueños
- Refrigerio

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TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SIGNATURE

Energía Vital

Programa diseñado para elevar y potenciar la energía vital. Inicia con una infusión natural energizante, seguida de un baño turco para desintoxicar el cuerpo. Continúa con un peeling de sales de Manaure que estimula y renueva la piel, y una sesión de hidroterapia para un descanso profundo. Finaliza con un masaje de bambú con aceite de pino y eucalipto, ideal para revitalizar el cuerpo y activar la mente.

DURACIÓN: 2 horas y 30 minutos

TARIFA: \$499.000 x persona

Incluye:

- Pausa de Infusion
- Baño Vapor -Turco
- Peeling con sales de Oligoelementos
- hidromasaje termal
- Masaje con Bambú
- Activación punto energía Phytofinas
- Refrigerio





TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SIGNATURE

RITUAL LUMIÈRE

Vive un instante de calma y renovación profunda. Este ritual inicia con una infusión natural de jengibre y piña, seguida de un detox de vapor en el baño turco. Continúa con nuestra Envoltura Lumière, que aporta luminosidad e hidratación intensa, dejando la piel suave y revitalizada. El recorrido sigue con una hidratación facial shock y finaliza con un arreglo completo de manos y pies, sellando este momento de belleza y bienestar integral.

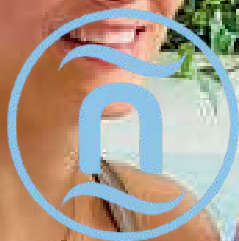
DURACIÓN: 4 Horas

TARIFA: \$569.000 x persona

Incluye:

- Pausa de Infusión
- Baño Vapor -Turco
- Peeling con sales de Oligoelementos
- Envoltura Lumière
- Facial Shock
- Manicure
- Pedicure
- Refrigerio





TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SIGNATURE

Conexión en Armonía

Ritual diseñado para conectar y estimular los sentidos en pareja. Inicia con una infusión de canela y naranja, seguida de una exfoliación a base de especias aromáticas con toques de ylang-ylang. Continúa con un hidromasaje termal y finaliza con un cálido masaje con vela termal, enriquecido con un delicado toque de feromonas que potencia la conexión y la armonía entre ambos.

DURACIÓN: 2 Horas

TARIFA: \$850.000 (pareja)

Incluye:

- Pausa de Infusión
- Peeling Lulur
- hidromasaje termal
- Masaje de Luxe Termal
- Activación de Feromonas
- Refrigerio





TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SIGNATURE

Pies de Seda

Un regalo para nuestro polo a tierra. Inicia con una exfoliación con sales del Himalaya que suaviza y depura, seguida de una breve inmersión en agua bicarbonatada para desodorizar y desinflamar. Continúa con un masaje podal con técnicas de reflexología y piedras calientes que alivian la fatiga. Finaliza con una hidratación profunda que elimina la resequedad y deja una sensación de frescura y descanso.

DURACIÓN: 50 minutos

TARIFA: \$152.000 x persona

Incluye:

- Pausa de Infusión
- Peeling caminando sobre nubes
- Baño pies cansados
- Masaje Piedras podal
- Hidratación Pies cansados
- Rocío desfatigante





RITUALES SPA

Ritual Primavera *

Disponible en todas nuestras sedes

Nuestro Ritual Primavera está inspirado en nuestra región antioqueña, siente la textura y el aroma de los gránulos de café que preparan el cuerpo para un relajante masaje de caña y finaliza con un baño de esencias florales

DURACIÓN: 2:00 Horas

TARIFA INDIVIDUAL: \$447.000

TARIFA PAREJA: \$804.000

Incluye:

- Exfoliación a base de café
- Masaje de caña y bambú
- Hidroterapia con un baño de esencias florales
- Refrigerio



MENU OF SERVICES

~~~~~  
nirvana  
~~~~~ spa

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RATES 2026

LOCATION NOVOTEL TESORO

FACIAL AREA

DEEP FACIAL CLEANSING:

A treatment that removes impurities and restores balance to the skin's texture.

DURATION: 1:15 min COP: \$275.000

FACIAL SHOCK:

Ideal for purifying the skin and restoring its natural balance. Its intense hydration softens and revitalizes the tissue within minutes.

DURATION: 45 min COP: \$196.000

FACIAL LUXURY FOR MEN:

An exclusive treatment for men that relieves nervous tension and detoxifies the skin, offering hydrating, toning, anti-aging, and anti-pollution benefits.

DURATION: 1:15 min COP: \$465.000

SPECIAL LUXURY FACIAL:

A luxury treatment that combines exclusive high-performance blends with cutting-edge technology to enhance results and completely renew the skin.

DURATION: 1:15 min COP: \$465.000

WRAPS AND EXFOLIATION

LUMIÈRE BODY WRAP

A luxurious body wrap with a silky texture that delivers luminosity, softness, and a deep sense of well-being.

DURATION: 50 min COP: \$195.000

ALGAE WRAP:

A marine treatment that acts as an anti-cellulite and metabolism-boosting agent, helping to refine the silhouette while providing a deeply relaxing sensation.

DURATION: 50 min COP: \$195.000

THERMAL MINERAL BODY PEELING:

A body exfoliant with micro-particles of goji berries and a fresh, uplifting aroma. Its blend of minerals stimulates, purifies, and renews the skin, leaving it soft, smooth, and visibly revitalized.

DURATION: 20 min COP: \$131.000

THERMAL ESSENCE PEEL

A revitalizing body exfoliation formulated with goji berry micro-particles and a fresh, uplifting aroma. Its mineral-rich blend stimulates, purifies, and renews the skin, leaving it smooth, firm, and visibly revitalized.

DURATION: 20 min COP: \$131.000

OTHER SERVICES

HYDROTHERAPY

Immersion and hydromassage in mineral-rich hot water that lightens the body's sensation of density and enhances deep relaxation.

DURATION: 30 MINUTOS COP \$110.000

STEAM BATH

A steam bath that promotes toxin release through the skin while the warm, humid environment supports and eases the airways.

DURATION: 20 minutos COP \$44.000



RATES 2026

LOCATION NOVOTEL TESORO

MASSAGES

TRADITIONAL MASSAGE:

A massage performed using reflexology, acupressure, and craniosacral techniques, complemented with aromatherapy to induce a state of deep relaxation.

DURATION: 1:00 hour COP: \$238.000

MASAJE ENERGIZING:

De-contraction technique that uses a combination of traditional massage and deep-tissue manipulations and shiatsu, with the main objective of reducing deep tensions and finding the body's natural balance.

DURATION: 1:00 hour COP: \$260.000

REDUCTOR MASSAGE:

Has the goal of eliminating localized fat and stylizing the figure by achieving a more aesthetic silhouette..

DURATION: 0:45 min COP: \$153.000

MLD (Manual Lymphatic Drainage)

A specific soft and painless manual activation technique that allows draining the liquid accumulated in the tissue and the lymph through the lymph vessels.

DURATION: 60 min COP: \$238.000

SHIRODHARA MASSAGE

Deep head massage that applies the technique of letting an oil flow with herbs or essential oils fall on the forehead and head in a fluid and relaxing way

DURATION: 1:00 Hour COP: \$349.000

MASSAGES WITH ELEMENTS

BAMBOO MASSAGE:

Different diameters of Bamboo rods offer real draining and relaxing therapy. The feet and hands are stimulated with vibration and percussion that generate wellbeing throughout the body

DURATION: 1:00 Hour COP: \$285.000

HOT STONE MASSAGE:

Ancient technique used as a way of unblocking the body's energy with stones at different temperatures. Eliminates tension and redirects energy.

DURATION 1:00 Hour COP: \$285.000

DELUXE THERMAL CANDLE MASSAGE:

Massage using fine oils the melt under the head of a candle's flame.

DURATION: 1:00 Hour COP: \$285.000

NEUROSEDATIVE MASSAGE

Manual therapy with warm chamomile and lavender oils with a great relaxing effect on the nervous system in general, energetically rebalancing the body, both physically and emotionally

DURATION: 1:00 Hour COP: \$285.000

CHAMBA MASSAGE

A connection with mother earth, a massage with ancestral elements made with mud that will allow us to rest and disconnect.

DURATION: 1:00 Hour COP: \$285.000

OTHER

- Localized Massage 30 Min COP:\$154.000
- Sport Massage 60 Min COP:\$260.000
- Tradicional Massage +Steam bath 80 Min COP: \$254.000
- Massage With Elements +Steam bath 80 Min COP: \$297.000



RATES 2026

LOCATION NOVOTEL TESORO

WAXING

Application of warm and hot wax for hair removal in areas such as the armpits, bikini, full bikini, half-leg, and thighs.

- Eyebrow Waxing COP: \$45.000
- Mustache Waxing COP: \$30.000
- Bikini Line Waxing COP: \$63.500
- Full Bikini Waxing COP: \$81.500
- Half Leg Waxing COP: \$80.000
- Thigh waxing COP: \$90.000
- Armpit Waxing COP: \$53.000
- Full (Bikini, Full Leg, Armpit) COP: \$225.000

BEAUTY AREA

Hand/foot Hydration COP: \$115.000

COMPREHENSIVE FACIAL AND BODY AESTHETICS

Advanced aesthetic programs that combine high-quality products with the latest non-invasive facial and body technologies. These treatments include facial therapies, body therapies, pre- and post-surgery care, reduction massages, and photo-rejuvenation, supported by each cosmetic manufacturer's professional protocols.

*Programs are performed following a prior evaluation

*Intensive programs are carried out on a per-session basis



RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

REFRESHING REST

A ritual that transports us on a multi-sensory journey, beginning with a warm chamomile-spearmint infusion, followed by a sensory connection and cranial sacral techniques to disconnect the mind. Then we move to a Turkish bath to detox the body and a Flotarium bath to feel as though we are back in the womb. The ritual ends with a neuro sedative massage using warm chamomile and lavender oils.

DURATION: 2:30 MIN

COP: \$431.000 x pax

It Includes:

- Infusion Pause
- Sensory connection
- Steam Bath
- Flotarium bath
- Neurosedative Massage
- Activation Sweet dreams
- Snack



RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

VITAL ENERGY

A program designed to increase and elevate our energy levels. It begins with a natural energizing infusion, moves on to detox in the Turkish bath, stimulation and renewal through a Manaure salt peel and then relaxation with hydrotherapy. The ritual ends with a deep bamboo and pine and eucalyptus oil massage to revitalize the body and activate the mind.

DURATION: 2:30 hours30 min COP: \$499.000 x pax

It includes::

- Infusion Pause
- Steam Bath
- Manaure Salt peeling
- Hydrotherapy
- Bamboo Massage
- Phytofinas energy point activation
- Snack



RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

LUMIÈRE RITUAL

A refined ritual of calm and deep renewal.

It begins with a ginger and pineapple infusion, followed by a purifying Turkish steam bath. The experience continues with the Lumière Body Wrap to restore radiance and hydration, and concludes with an express facial hydration and complete hand and foot care, sealing a moment of holistic beauty and well-being.

DURATION: 4 Horas

COP: \$569.000 x pax

It Includes:

- Infusion Pause
- Steam Bath
- Himalaya Salt Peeling
- Gold Wrap
- Facial Shock
- Manicure
- Pedicure
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

HARMONIOUS CONNECTION

Couples Experience

Connects and stimulates the senses so, as a couple, you can enjoy an aphrodisiac ritual. It begins with a cinnamon and orange infusion, an exfoliation using aromatic spices and touches of ylang-ylang oil, followed by a thermal hydro-massage, and ends with a warm thermal candle massage with touches of pheromones.

DURATION: 2 Hours

COP: \$850.000 (Couples)

It Includes:

- Infusion Pause
- Peeling Lulur
- Thermal Bath
- Thermal Candle Massage
- Pheromone Activation
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS FEET OF SILK

A gift for our connection to the earth. It begins with an exquisite exfoliation using Himalayan salts that eliminate and cleanse toxins, softening our feet, followed by a short immersion in bicarbonated water to deodorize and reduce inflammation. You then move on to a foot massage using reflexology techniques and hot stones that help reduce fatigue and tiredness. The moment ends with moisturization to reduce dryness. You will be left refreshed and rested.

DURATION: 50 min.

COP: \$152.000 x pax

It Includes:

- Infusion Pause
- Peeling walking on clouds
- Tired feet bath
- Foot Stones Massage
- Hydration Feet tired
- Refreshing rain





RITUALS SPA

Spring Ritual*

Available in all our locations

Our Spring Ritual is inspired by our Antioquia region, feels the texture and aroma of the coffee granules that prepare the body for a relaxing cane massage and ends with a bath of floral essences.

DURATION: 2:00 Hours

RATE x 1pax COP\$447.000

COUPLE RATE: COP\$804.000

It Includes:

- Coffe salt peeling
- Bamboo Massage cane
- Hydrotherapy with a bath of floral essences
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

WINE RITUAL

Available in all our locations

A shared couple's ritual inspired by the culture and essence of wine, reconnecting through the power of the grape. This experience invites you to enjoy the benefits of a delicate grape extract exfoliation, followed by an antioxidant bath and a purifying massage designed to stimulate microcirculation, support detoxification, and help reduce fluid retention.

Duration: 2 hours

Rate: COP \$445,000 per person

COP \$875,000 per couple

It Includes:

- Grape-based exfoliation
- Antioxidant and relaxing bath
- Connection massage with warm grape oils
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

KIWI SPA RITUAL

Available in all our locations

This sensorial spa experience brings together the antioxidant, rejuvenating, and restorative properties of kiwi. The ritual begins with a kiwi-based body exfoliation, followed by a nourishing body massage with warm kiwi oils. A citrus-infused relaxing bath and an express shock facial with nourishing masks complete the experience, designed to stimulate the senses while enhancing skin vitality and well-being.

Duration: 2 hours 20 minutes

Rate: COP \$523.000 per person

COP \$939.000 per couple

It Includes:

- Kiwi-based exfoliation
- Citrus relaxing bath
- Warm hydrating massage with kiwi oils
- Facial Shock
- Snack



RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

VENUS RITUAL

Available in all our locations

A ritual designed to be shared among friends, offering a relaxing circuit that creates a memorable experience. The journey includes sensory relaxation with sounds and aromas, a steam bath, a hydrating massage, and a Venus hydrotherapy bath, concluding with a light refreshment.

Duration: Approximately 2 hours 15 minutes

Rate: COP \$358,000 – COP \$401,000 per person
(Depending on group size)

It Includes:

- Sensory disconnection with sounds and aromas
- Steam bath
- Hydrating massage (30 minutes)
- Venus Bath (hydrotherapy)
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

STRAWBERRY SPA / CHOCO STRAWBERRY SPA Children's Group Experience

Available in all our locations

A gentle and delightful spa experience created especially for children. Soft aromas and delicate textures nourish and relax the skin, while a playful berry-infused bubble experience creates a joyful and memorable moment of well-being.

Duration: Approximately 2 hours
(depending on the number of children)

Rate: COP \$236,000 – COP \$286,000
per child (maximum 4 children)

Includes:

- Gentle berry-infused body exfoliation
- Hand and foot massage with hydration
- Relaxing hydrotherapy
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

PILATES STUDIO

The Pilates method is a physical and mental training system that consists of performing a series of controlled movements, which allow you to work the muscles of the body (and especially the core or powerhouse) based on the coordination of breathing with the muscles.

Based on six great fundamental principles:

Concentration, Precision, Control, Fluidity of movement, Breathing, Centralization, through a complete circuit that includes machines specialized in the method such as Reformer, Cadillac, Wunda, and Barrel among others.

TICKET BOX

| | |
|--|-----------------|
| INDIVIDUAL CLASS | COP: \$93.000 |
| 4 CLASSES / 1 TIME PER WEEK
Validity: 4 classes or 30 days | COP: \$338.000 |
| 8 CLASSES / 2 TIMES A WEEK
Validity: 8 Classes or 60 days | COP: \$531,000 |
| 12 CLASSES / 3 TIMES PER WEEK
Validity: 12 Classes or 60 days | COP: \$ 691,000 |

MONTHLY PAYMENT

| | |
|--------------------------------------|----------------|
| MONTHLY PAYMENT
Validity: 1 Month | COP: \$605.000 |
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TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SPA

Ritual del Vino *

Disponible en todas nuestras sedes

Comparte en pareja un ritual que nos conecta a través de la cultura del vino un contacto desde su esencia: "la Uva" y aprovecha sus beneficios a través de una deliciosa exfoliación de extracto de uvas, acompañada de un baño antioxidante y un masaje depurativo que ayudará mejorando la microcirculación del organismo reduciendo el exceso de agua a través de la eliminación de toxinas que retiene el cuerpo.

DURACIÓN: 2:00 HORAS

TARIFA: \$445.000 X Persona

\$875.000 PAREJA

INCLUYE:

- Exfoliación a base de uvas
- Baño antioxidante y relajante
- Masaje de conexión con aceites tibios de uva
- Snack





TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SPA

Kiwi Spa *

Disponible en todas nuestras sedes

Las propiedades antioxidantes, rejuvenecedoras, y cicatrizante del kiwi se reúnen en este tratamiento spa, que inicia con un pulido corporal y un masaje corporal nutritivo a base de Kiwi, baño aromatizado de frutas y tratamiento facial shock con mascarillas nutritivas todo desarrollado para estimular tus sentidos a través de los beneficios que posee esta exótica fruta.

DURACIÓN: 2:20

TARIFA: \$523.000 x Persona

TARIFA: \$939.000 PAREJA

INCLUYE:

- Exfoliación a base de kiwi
- Baño Relajante Citrus
- Masaje cálido hidratante aceites de Kiwi
- Facial Shock
- Snack



TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SPA

Ritual de Venus

Disponible en todas nuestras sedes

Ritual dedicado para compartir entre amigos, en un circuito de relajación y que harán de este espacio un hermoso recuerdo.

DURACIÓN: 2:15 horas aproximadamente

TARIFA REGULAR: \$358.000 a \$401.000 por persona
(depende del número personas)

Incluye:

- Desconexión con sonidos y aromas
- Baño Turco
- Masaje Hidratante (30 minutos)
- Baño de Venus (Hidroterapia)
- Refrigerio





TARIFAS 2026

SEDE NOVOTEL TESORO

RITUALES SPA

Fresita Spa / Choco Fresa Spa Grupal especial Niños

Disponible en todas nuestras sedes

Suaves y delicados aromas y texturas que nutren y relajan, dejando la piel con un delicioso aroma y una experiencia con burbujas de frutos rojos que harán vivir una hermosa experiencia.

DURACIÓN: 2:00 Horas Aproximadamente (Depende del # de niños)

TARIFA: \$236.000 a \$286.000 depende del número de x niño (Max.4)

INCLUYE:

- Exfoliación corporal suave a base de frutos rojos
- Masaje e Hidratación de manos y pies
- Hidroterapia relajante
- Snack





TARIFAS 2026

SEDE NOVOTEL TESORO

PILATES ESTUDIO

El método Pilates es un sistema de entrenamiento físico y mental entrenamiento que consiste en realizar una serie de movimientos controlados, los cuales permiten trabajar la musculatura del cuerpo (y en especial la del core o powerhouse) basado en la coordinación de la respiración con la musculatura profunda a partir de seis grandes principios fundamentales:

Concentración, Precisión, Control, Fluidez de movimiento, Respiración, Centralización, a través de un circuito completo que incluye máquinas especializadas en el método como Reformer, Cadillac, Wunda, y Barrel entre otros.

PLANES

| | |
|--|------------|
| CLASE INDIVIDUAL | \$ 93.000 |
| 4 CLASES / 1 VEZ POR SEMANA
Vigencia: 4 clases ó 30 días | \$ 338.000 |
| 8 CLASES / 2 VECES POR SEMANA
congelación: 2 Semanas Vigencia: 8 Clases ó 60 días | \$ 531.000 |
| 12 CLASES / 3 VECES POR SEMANA
congelación: 2 Semanas Vigencia: 12 Clases ó 60 días | \$ 691.000 |

MENSUALIDAD

| | |
|---------------------------------------|------------|
| MENSUALIDAD | \$ 605.000 |
| Congelación: 1 Semana (X incapacidad) | |
| Vigencia: 1 Mes | |

TRIMESTRE V.I.P

| |
|--|
| TRIMESTRE 2 VECES POR SEMANA / 24 CLASES
\$ 1.173.000 congelación: 3 Semanas
Vigencia: 3 Meses ó 24 Clases |
| TRIMESTRE 3 VECES POR SEMANA / 36 CLASES
\$ 1.456.000 congelación: 3 Semanas
Vigencia: 3 Meses ó 36 Clases |

PLANES

FAMILIAR (Esposos/padres/hijos) 10% Depende plan

REFERIDOS Depende plan 5% x Cada referido se acumula en la próxima mensualidad

ESTUDIANTES MENORES DE 25 10% Depende plan Depende plan

** Solo el descuento en plan de referidos es acumulable con otros descuentos ó planes **



POLÍTICAS STUDIO PILATES 2026

1. PAGOS: se realizará al inicio del programa o al iniciar paquete nuevo. No están autorizadas las devoluciones de dinero.

2. HORARIOS: Nuestras clases comienzan en la hora en punto, por lo cual se debe llegar por lo menos con 5 minutos de anticipación.

3. Se pierde el derecho al horario escogido transcurrido mas de 2 semanas sin avisar o sin justificación válida.

4. CONFIRMACIÓN: Las clases son confirmadas por medio de WhatsApp, por lo tanto, se debe confirmar por este mismo medio o llamada, para así mismo confirmarla con el profesor que dicte la clase, de lo contrario se tomará como confirmada y será descontada del plan.

5. CANCELACIÓN: Si no puede asistir a su clase programada debe ser cancelada con mínimo 6 horas de anticipación y si la clase es en horas a.m esta debe ser cancelada desde la noche anterior, sino la clase será descontada del plan.

6. CONGELACIONES: Nuestros planes tienen vigencia de un mes, 40, 60 o 90 días dependiendo del plan que tome, en caso tal de cumplirse la vigencia, si desea un congelamiento se debe comunicar con el área encargada con 5 días máximo de anticipación.

7. De acuerdo al programa se podrá reemplazar las clases durante el mismo mes o al mes siguiente el horario será acordado en recepción o dependerá de la disponibilidad al momento de solicitarla. .

8. Los programas son personales y su transferencia será estudiada según el caso.



MENU OF SERVICES

nirvana
spa





RATES

LOCATION NOVOTEL TESORO

FACIAL AREA

DEEP FACIAL CLEANSING:

A treatment that removes impurities and restores balance to the skin's texture.

DURATION: 1:15 min COP: \$275.000

FACIAL SHOCK:

Ideal for purifying the skin and restoring its natural balance. Its intense hydration softens and revitalizes the tissue within minutes.

DURATION: 45 min COP: \$196.000

FACIAL LUXURY FOR MEN:

An exclusive treatment for men that relieves nervous tension and detoxifies the skin, offering hydrating, toning, anti-aging, and anti-pollution benefits.

DURATION: 1:15 min COP: \$465.000

SPECIAL LUXURY FACIAL:

A luxury treatment that combines exclusive high-performance blends with cutting-edge technology to enhance results and completely renew the skin.

DURATION: 1:15 min COP: \$465.000

WRAPS AND EXFOLIATION

LUMIÈRE BODY WRAP

A luxurious body wrap with a silky texture that delivers luminosity, softness, and a deep sense of well-being.

DURATION: 50 min COP: \$195.000

ALGAE WRAP:

A marine treatment that acts as an anti-cellulite and metabolism-boosting agent, helping to refine the silhouette while providing a deeply relaxing sensation.

DURATION: 50 min COP: \$195.000

THERMAL MINERAL BODY PEELING:

A body exfoliant with micro-particles of goji berries and a fresh, uplifting aroma. Its blend of minerals stimulates, purifies, and renews the skin, leaving it soft, smooth, and visibly revitalized.

DURATION: 20 min COP: \$131.000

THERMAL ESSENCE PEEL

A revitalizing body exfoliation formulated with goji berry micro-particles and a fresh, uplifting aroma. Its mineral-rich blend stimulates, purifies, and renews the skin, leaving it smooth, firm, and visibly revitalized.

DURATION: 20 min COP: \$131.000

OTHER SERVICES

HYDROTHERAPY

Immersion and hydromassage in mineral-rich hot water that lightens the body's sensation of density and enhances deep relaxation.

DURATION: 30 MINUTOS COP \$110.000

STEAM BATH

A steam bath that promotes toxin release through the skin while the warm, humid environment supports and eases the respiratory system.

DURATION: 20 minutos COP \$44.000





RATES 2026

LOCATION NOVOTEL TESORO

MASSAGES

TRADITIONAL MASSAGE:

A massage performed using reflexology, acupressure, and craniosacral techniques, complemented with aromatherapy to induce a state of deep relaxation.

DURATION: 1:00 hour COP: \$238.000

MASAJE ENERGIZING:

De-contraction technique that uses a combination of traditional massage and deep-tissue manipulations and shiatsu, with the main objective of reducing deep tensions and finding the body's natural balance.

DURATION: 1:00 hour COP: \$260.000

REDUCTOR MASSAGE:

Has the goal of eliminating localized fat and stylizing the figure by achieving a more aesthetic silhouette..

DURATION: 0:45 min COP: \$153.000

MLD (Manual Lymphatic Drainage)

A specific soft and painless manual activation technique that allows draining the liquid accumulated in the tissue and the lymph through the lymph vessels.

DURATION: 60 min COP: \$238.000

SHIRODHARA MASSAGE

Deep head massage that applies the technique of letting an oil flow with herbs or essential oils fall on the forehead and head in a fluid and relaxing way

DURATION: 1:00 Hour COP: \$349.000

MASSAGES WITH ELEMENTS

BAMBOO MASSAGE:

Different diameters of Bamboo rods offer real draining and relaxing therapy. The feet and hands are stimulated with vibration and percussion that generate wellbeing throughout the body

DURATION: 1:00 Hour COP: \$285.000

HOT STONE MASSAGE:

Ancient technique used as a way of unblocking the body's energy with stones at different temperatures. Eliminates tension and redirects energy.

DURATION 1:00 Hour COP: \$285.000

DELUXE THERMAL CANDLE MASSAGE:

Massage using fine oils the melt under the head of a candle's flame.

DURATION: 1:00 Hour COP: \$285.000

NEUROSEDATIVE MASSAGE

Manual therapy with warm chamomile and lavender oils with a great relaxing effect on the nervous system in general, energetically rebalancing the body, both physically and emotionally

DURATION: 1:00 Hour COP: \$285.000

CHAMBA MASSAGE

A connection with mother earth, a massage with ancestral elements made with mud that will allow us to rest and disconnect.

DURATION: 1:00 Hour COP: \$285.000

OTHER

- Localized Massage 30 Min COP:\$ 154.000
- Sport Massage 60 Min COP:\$ 260.000
- Tradicional Massage +Steam bath 80 Min COP: \$ 254.000
- Massage With Elements +Steam bath80 Min COP: \$ 297.000





RATES

LOCATION NOVOTEL TESORO

WAXING

Application of warm and hot wax for hair removal in areas such as the armpits, bikini, full bikini, half-leg, and thighs.

- Eyebrow Waxing COP: \$ 45.000
- Mustache Waxing COP: \$ 30.000
- Bikini Line Waxing COP: \$ 63.500
- Full Bikini Waxing COP: \$ 81.500
- Half Leg Waxing COP: \$ 80.000
- Thigh waxing COP: \$ 90.000
- Armpit Waxing COP: \$ 53.000
- Full (Bikini, Full Leg, Armpit) COP: \$225.000

BEAUTY ARE A

Hand/foot Hydration COP: \$ 115.000

COMPREHENSIVE FACIAL AND BODY AESTHETICS

Advanced aesthetic programs that combine high-quality products with the latest non-invasive facial and body technologies. These treatments include facial therapies, body therapies, pre- and post-surgery care, reduction massages, and photo-rejuvenation, supported by each cosmetic manufacturer's professional protocols.

*Programs are performed following a prior evaluation

*Intensive programs are carried out on a per-session basis





RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

REFRESHING REST

A ritual that transports us on a multi-sensory journey, beginning with a warm chamomile-spearmint infusion, followed by a sensory connection and cranial sacral techniques to disconnect the mind. Then we move to a Turkish bath to detox the body and a Flotarium bath to feel as though we are back in the womb. The ritual ends with a neuro sedative massage using warm chamomile and lavender oils.

DURATION: 2:30 MIN

COP: \$431.000 x pax

It Includes:

- Infusion Pause
- Sensory connection
- Steam Bath
- Flotarium bath
- Neurosedative Massage
- Activation Sweet dreams
- Snack



RATES

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

VITAL ENERGY

A program designed to increase and elevate our energy levels. It begins with a natural energizing infusion, moves on to detox in the Turkish bath, stimulation and renewal through a Manaure salt peel and then relaxation with hydrotherapy. The ritual ends with a deep bamboo and pine and eucalyptus oil massage to revitalize the body and activate the mind.

DURATION: 2:30 hours30 min COP: \$499.000 x pax

It includes::

- Infusion Pause
- Steam Bath
- Manaure Salt peeling
- Hydrotherapy
- Bamboo Massage
- Phytofinas energy point activation
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

LUMIÈRE RITUAL

A refined ritual of calm and deep renewal.

It begins with a ginger and pineapple infusion, followed by a purifying Turkish steam bath. The experience continues with the Lumière Body Wrap to restore radiance and hydration, and concludes with an express facial hydration and complete hand and foot care, sealing a moment of holistic beauty and well-being.

DURATION: 4 Horas

COP: \$569.000 x pax

It Includes:

- Infusion Pause
- Steam Bath
- Himalaya Salt Peeling
- Gold Wrap
- Facial Shock
- Manicure
- Pedicure
- Snack





RATES

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

HARMONIOUS CONNECTION

Couples Experience

Connects and stimulates the senses so, as a couple, you can enjoy an aphrodisiac ritual. It begins with a cinnamon and orange infusion, an exfoliation using aromatic spices and touches of ylang-ylang oil, followed by a thermal hydro-massage, and ends with a warm thermal candle massage with touches of pheromones.

DURATION: 2 Hours

COP: \$850.000 (Couples)

It Includes:

- Infusion Pause
- Peeling Lulur
- Thermal Bath
- Thermal Candle Massage
- Pheromone Activation
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SIGNATURE RITUALS

FEET OF SILK

A gift for our connection to the earth. It begins with an exquisite exfoliation using Himalayan salts that eliminate and cleanse toxins, softening our feet, followed by a short immersion in bicarbonated water to deodorize and reduce inflammation. You then move on to a foot massage using reflexology techniques and hot stones that help reduce fatigue and tiredness. The moment ends with moisturization to reduce dryness. You will be left refreshed and rested.

DURATION:50 min.

COP: \$152.000 x pax

It Includes:

- Infusion Pause
- Peeling walking on clouds
- Tired feet bath
- Foot Stones Massage
- Hydration Feet tired
- Refreshing rain





RITUALS SPA

Spring Ritual*

Available in all our locations

Our Spring Ritual is inspired by our Antioquia region, feels the texture and aroma of the coffee granules that prepare the body for a relaxing cane massage and ends with a bath of floral essences.

DURATION: 2:00 Hours

RATE x 1pax COP\$447.000

COUPLE RATE: COP\$804.000

It Includes:

- Coffee salt peeling
- Bamboo Massage cane
- Hydrotherapy with a bath of floral essences
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

WINE RITUAL

Available in all our locations

A shared couple's ritual inspired by the culture and essence of wine, reconnecting through the power of the grape. This experience invites you to enjoy the benefits of a delicate grape extract exfoliation, followed by an antioxidant bath and a purifying massage designed to stimulate microcirculation, support detoxification, and help reduce fluid retention.

Duration: 2 hours

Rate: COP \$445,000 per person

COP \$875,000 per couple

It Includes:

- Grape-based exfoliation
- Antioxidant and relaxing bath
- Connection massage with warm grape oils
- Snack

www.nirvanaspacolombia.com





RATES

LOCATION NOVOTEL TESORO

SPA RITUALS

KIWI SPA RITUAL

Available in all our locations

This sensorial spa experience brings together the antioxidant, rejuvenating, and restorative properties of kiwi. The ritual begins with a kiwi-based body exfoliation, followed by a nourishing body massage with warm kiwi oils. A citrus-infused relaxing bath and an express shock facial with nourishing masks complete the experience, designed to stimulate the senses while enhancing skin vitality and well-being.

Duration: 2 hours 20 minutes

Rate: COP \$523.000 per person

COP \$939.000 per couple

It Includes:

- Kiwi-based exfoliation
- Citrus relaxing bath
- Warm hydrating massage with kiwi oils
- Facial Shock
- Snack

www.nirvanaspacolombia.com





RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

VENUS RITUAL

Available in all our locations

A ritual designed to be shared among friends, offering a relaxing circuit that creates a memorable experience. The journey includes sensory relaxation with sounds and aromas, a steam bath, a hydrating massage, and a Venus hydrotherapy bath, concluding with a light refreshment.

Duration: Approximately 2 hours 15 minutes

Rate: COP \$358,000 – COP \$401,000 per person
(Depending on group size)

It Includes:

- Sensory disconnection with sounds and aromas
- Steam bath
- Hydrating massage (30 minutes)
- Venus Bath (hydrotherapy)
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

SPA RITUALS

STRAWBERRY SPA / CHOCO STRAWBERRY SPA

Children's Group Experience

Available in all our locations

A gentle and delightful spa experience created especially for children. Soft aromas and delicate textures nourish and relax the skin, while a playful berry-infused bubble experience creates a joyful and memorable moment of well-being.

Duration: Approximately 2 hours
(depending on the number of children)

Rate: COP \$236,000 – COP \$286,000
per child (maximum 4 children)

Includes:

- Gentle berry-infused body exfoliation
- Hand and foot massage with hydration
- Relaxing hydrotherapy
- Snack





RATES 2026

LOCATION NOVOTEL TESORO

PILATES STUDIO

The Pilates method is a physical and mental training system that consists of performing a series of controlled movements, which allow you to work the muscles of the body (and especially the core or powerhouse) based on the coordination of breathing with the muscles.

Based on six great fundamental principles:

Concentration, Precision, Control, Fluidity of movement, Breathing, Centralization, through a complete circuit that includes machines specialized in the method such as Reformer, Cadillac, Wunda, and Barrel among others.

TICKET BOX

| | |
|--|-----------------|
| INDIVIDUAL CLASS | COP: \$93.000 |
| 4 CLASSES / 1 TIME PER WEEK
Validity: 4 classes or 30 days | COP: \$338.000 |
| 8 CLASSES / 2 TIMES A WEEK
Validity: 8 Classes or 60 days | COP: \$531,000 |
| 12 CLASSES / 3 TIMES PER WEEK
Validity: 12 Classes or 60 days | COP: \$ 691,000 |

MONTHLY PAYMENT

| | |
|--------------------------------------|----------------|
| MONTHLY PAYMENT
Validity: 1 Month | COP: \$605.000 |
|--------------------------------------|----------------|

www.nirvanaspacolombia.com

